

# Lunar New Year

## CHINA



[chinahighlights.com](http://chinahighlights.com)

## KOREA



[whatthekpop.com](http://whatthekpop.com)

## NEPAL



<https://nepalmandalatravels.files.wordpress.com>

## VIETNAM



[vietnamonline.com](http://vietnamonline.com)



### ENJOY!

Celebrate the Lunar New Year together with special festive food from local restaurants.

### CHINESE FOOD

Hongwah Restaurant

<https://www.hongwahrestaurant.com/>

### KOREAN FOOD

Seoul House

[https://www.rocseoulhouse.com/?utm\\_source=gmb&utm\\_medium=referral](https://www.rocseoulhouse.com/?utm_source=gmb&utm_medium=referral)

### NEPALESE FOOD

Nepali Kitchen

<http://nepalikitcheenrochester.com/>

### VIETNAMESE FOOD

SEA Restaurant

<https://www.facebook.com/SEARestaurantROC>

## What is the Lunar New Year?

The Lunar New Year is the time of year that marks the first new moon of the lunisolar calendars.

Lunisolar calendars are traditional in many east Asian countries including, China, Korea, Nepal and Vietnam. This calendar is based on 12 full cycles of the moon which is roughly 354 days. This is why celebrations based on this calendar fall on different days each year.

The Lunar New Year is celebrated in many countries including China, Korea, Nepal

1

### DID YOU KNOW?

The Tiger is the zodiac sign for 2022. It represents bravery, confidence, competitiveness and unpredictability.

2

### WORLDWIDE

1/6th of the world's population celebrates the Lunar New Year. It is a time for family reunion and a celebration of new beginnings.

3

### TODAY

Some people will celebrate their birthday based on the lunar calendar so their birthday will fall on a different day every year!

	What is it Called?	How is it celebrated?	What are some traditional foods?	How do you say "Happy New Year"?
<b>China</b>	Spring Festival 春節	Millions of people travel home to celebrate the new year with their extended families. People from China, Malaysia and Singapore celebrate the Lunar New Year/ Spring Festival for 15 days.  The last day of celebrations is known as the Lantern Festival. Streets are decorated with colorful lanterns symbolizing "illuminating the future" and to invoke good fortune.	7 Lucky Foods: The most common Chinese New Year foods include, dumplings, fish, spring rolls and niangao.	In Mandarin, "Xīnnián hǎo" (新年好), meaning 'New Year Goodness'.
<b>Korea</b>	Seollal	The new year is a time for people to greet each other with words of blessings for the year ahead. It is a traditional family holiday with many people returning to their home towns to visit family. Koreans also will participate in ancestral memorial services and bow to their elders.	Tteokguk: (Korean Rice Cake Soup) is a must have for New Year's day and the oval rice cakes symbolize a bright and flourishing New Year.	"새해 복 많이 받으세요 (Saehae bok mani badeuseyo)." It literally means "take a lot of luck in the new year".
<b>Nepal</b>	Nava Varsha	Nepals lunar calendar is called Nepal Sambat. The first day usually falls on April 14, 2022. Nava Varsha is celebrated with parades, parties, family gatherings and the exchange of good wishes for the coming year.	The day is celebrated with feasts parties and picnics.	"नयाँ वर्षको शुभकामना (Naya Barsha Ko Subhakamana)". It translates to "Good wishes for the new year."
<b>Vietnam</b>	Tet Nguyen Dan	The most important festival of the year. The Tet festival spans 5-7 days. It is a celebration of the new year and spring. This year Tet begins on February 1st and is a great time of celebration. Families come together and pay homage to their ancestors while celebrating this time of renewal.	Banh Chung:  Only eaten in Vietnam during Tet, this tasty treat is made of tightly-packed sticky rice	"chúc mừng năm mới (chook moong nahm moi)". This means Happy New Year in Vietnamese.

## DIG DEEPER



Virtual Event: Ring in the Year of the Tiger and celebrate the Lunar New Year



Virtual Event:(Pre-Recorded) Lunar New Year Festival: The Year of the Tiger at the Metropolitan Museum of Art



Watch: What's Different? Chinese, Korean, Vietnamese, Japanese New Year Compared



Watch: How Asians Celebrate the Lunar New Year Worldwide

## CHINA



[chinesenewyear.net](http://chinesenewyear.net)

## KOREA



[2.bp.blogspot.com](http://2.bp.blogspot.com)

## NEPAL



[holiday.com](http://holiday.com)

## VIETNAM



[nytimes.com](http://nytimes.com)